



porto

portugal
culture

101

TRAVEL THROUGH
PORTUGUESE CULTURE
WHILE STUDYING IN
UNIQUE CITIES.

Porto

The city of Porto is the second largest Portuguese city. The beautiful bridges, the social and cultural dynamics, the food, the famous wine production or even the urban art that you find on the streets, make this one of the most attractive cities to live an academic experience. During the day, you will have a lot of options to explore the city and, at night, the list of restaurants and places to have a drink is also vast.

In addition to a city full of life, some people say that this is one of the most welcoming Portuguese cities, due to the helpful and warm people with whom you will certainly meet. Take advantage of the incredible view of Douro river, the bridges and monuments, or the colorful balconies with flowers in the historic city center, an area classified as World Heritage by UNESCO.

PLAYLIST

A collection of songs to keep you company while exploring the city. Get the playlist of artists from Porto and surrounding areas by scanning the code.

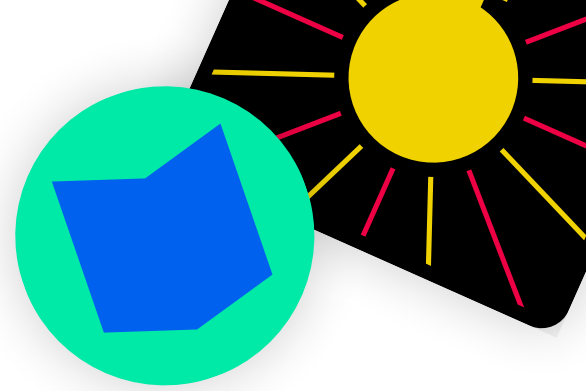


Clara Nã

Illustrator, born in Porto. Has a degree in Communication Design, from the Faculty of Fine Arts of Porto, and did Erasmus at Willem de Kooning Academie, in Rotterdam. Her illustrations stand out by their irreverence and irony, using them to reclaim equality, deconstruct social tabus and explore personal experiences.

In 2019, Clara launched her first book, entitled "Miga, esquece lá isso! — Como transformar problemas em risadas de amor-próprio" (Something like "Gurl, let it go! — How to transform problems into laughs of self-love"). In her spare time, Clara sings Britney. You can find her on Instagram at [@clara.nao](https://www.instagram.com/clara.nao).

The cooler cultural venues



MAUS HÁBITOS

An informal and alternative space and one of the protagonists of Porto's cultural life. It is right in the center of the city and, here, you will certainly meet different types of audiences, during the day or night. The atmosphere is contagious, and the place is very original: you can visit it just to have a drink, eat a pizza in the restaurant, listen to a concert or discover an art exhibition. A tip: don't be fooled by the entrance ;-)

RUA DE PASSOS MANUEL
178 4º PISO, 4000-382
PORTO

937 202 918
MAUSHABITOS.COM



PLANO B

More than a bar, Plano B is an original space divided into two floors and a set of rooms with different environments. Their program offers exhibitions, conferences, shows, cinema cycles and workshops, but also a commercial space with a store, bar and cafe, and an area for concerts and clubbing, from jazz to rock, electronic to experimental music.

RUA DE CÂNDIDO DOS REIS
30, 4050-152 PORTO

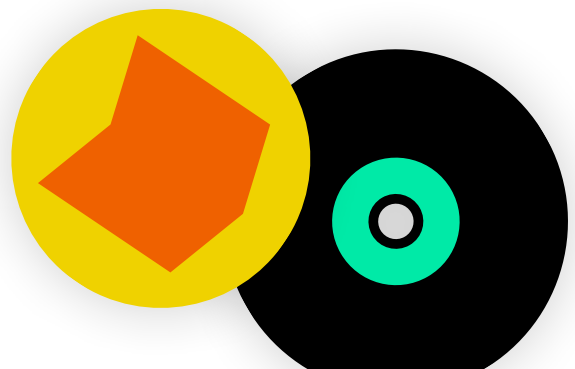
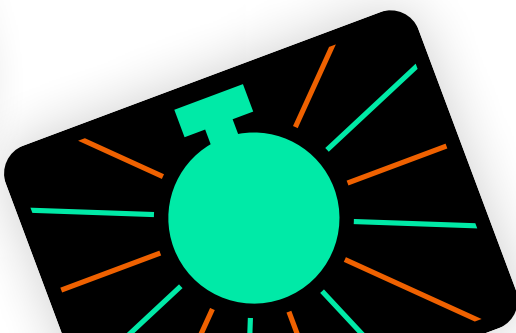
222 012 500
PLANOBPORTO.COM

PASSOS MANUEL

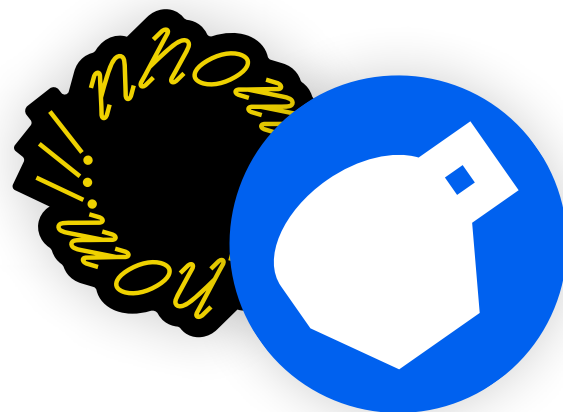
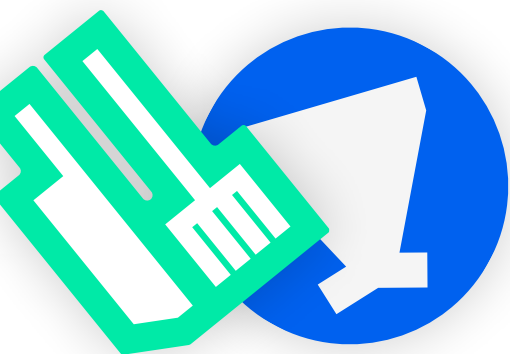
Based in the building of Coliseu Porto, this former cinema room from 1971 has been renovated and presents itself, since 2014, as a theater, bar and disco. It has been, over the years, a second home for those connected to the visual arts, literature, music and cinema, receiving concerts, cinema and eclectic and alternative musical shows.

RUA DE PASSOS MANUEL
137, 4000-382 PORTO

222 058 351
PASSOSMANUEL.NET



The best restaurants at nifty prices



ADUELA BAR

Hidden in a corner of the city, the space has a young vibe, exceptional food and a good selection of wines. Do you need to ask for more? The affordable prices and the atmosphere make Aduela a mandatory place to stop for a drink after classes or for dinner.

RUA DAS OLIVEIRAS 36,
4050-448 PORTO



222 084 398

[FACEBOOK.COM/ADUELA-TABERNA-BAR](https://www.facebook.com/ADUELA-TABERNA-BAR)

O PIOLHO

Experience one of the most typical dishes in Porto, the famous francesinha, in the students' iconic cafe. The atmosphere is perfect for a relaxed meal on the terrace, installed right in the heart of the city. If you want to live the true academic spirit of Porto, Piolho, well known among university students, is the best place.

PRAÇA DE PARADA LEITÃO
45, 4050-456 PORTO

222 003 749

CAFEPIOLHO.COM

MUSEU DA AVÓ

Those nights when you study until late in the night or have lost track of the hours, you can always count on Museu da Avó, a tapas bar and restaurant that is open until late. The intimate atmosphere is perfect for a visit with friends, family or, who knows, a date.

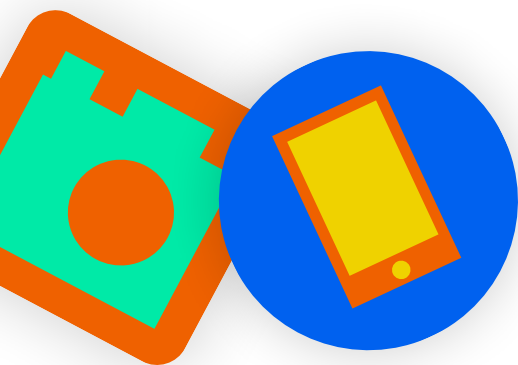
TV. DE CEDOFEITA 54 56,
4050-448 PORTO

933 130 382

[FACEBOOK.COM/MUSEU-D-AVO](https://www.facebook.com/MUSEU-D-AVO)



The best places to snap that killer Gram



LIVRARIA LELLO

One of the most emblematic bookstores in the world. Yes, you read well, the world. With a combination of different architectural styles and an interior staircase that will drive you to the narrative of a fantastic movie, here you will find a big diversity of books and an unusual space for a photo, that will probably crash the internet.

RUA DAS CARMELITAS 144,
4050-161 PORTO

LIVRARIALELLO.PT



JARDIM DO PARQUE DAS VIRTUDES

Located in the historic center of Porto, from here you can have an amazing view over Alfândega do Porto, a customhouse, Douro river and Vila Nova de Gaia, the neighboring city. It's the perfect place to put yourself comfortable and take the photo shoot your followers are waiting for.

PASSEIO DAS VIRTUDES 53-3,
4050-366 PORTO

RIBEIRA

One of the most typical areas of the city, right on the riverside of Douro. Ribeira is part of the historic center of Porto, an area that is a UNESCO World Heritage Site. Always full of commerce and people just walking around, nowadays the Ribeira area is full of lively cafes and restaurants where you can have a drink, enjoy the view of the D. Luís I Bridge and the boats that sail along the river.

RUA CAIS DA RIBEIRA PRAÇA
RIBEIRA, 4050-510 PORTO



The best gardens, parks, and chill out spots

JARDINS DO PALÁCIO DE CRISTAL

Right in the center of Porto you will find this quiet corner, perfect for an evening walk or to spend the morning reading a book, immersed in nature. In this area you can also visit the Almeida Garrett Library, Concha Acústica and the Chapel of Carlos Alberto da Sardinia.

RUA DE DOM MANUEL II,
4050-346 PORTO

JARDIM DE SERRALVES

Serralves is one of the most relevant contemporary art museums in Portugal. It's mandatory that you find a space in your agenda to discover the museum exhibitions, but you can also visit the wonderful gardens that surround it. A unique place to get lost and enjoy an afternoon well spent.

RUA DOM JOÃO DE CASTRO
210, 4150-417 PORTO

226 156 500
SERRALVES.PT



JARDIM DO MORRO

The youth hotspot is installed on the other side of the Douro river, in the city of Vila Nova de Gaia, next to the upper deck of the D. Luís Bridge. Gather a group of friends at the sunset and enjoy, from the viewpoint, the landscape of the historic area of Porto.

AV. DA REPÚBLICA, 4430-
148 VILA NOVA DE GAIA



Unmissable shops

GALERIAS LUMIÈRE

Located right in the center of Porto, the galleries are, in fact, a commercial space with fashion, literature or decoration stores that are known for their original concepts. The environment is perfect for shopping, studying or just to hang out with friends in a cozy and quiet place.

RUA JOSÉ FALCÃO 157,
4050-317 PORTO

222 032 499

[FACEBOOK.COM/GALERIAS.
LUMIERE](https://www.facebook.com/galerias.lumiere)



CIRCUS NETWORK

If you like urban art, illustration, music or design, you have to visit Circus Network. Located in the heart of the city of Porto, in the famous Arts District, this project, which is both a store and a gallery, promotes Portuguese and international authors in exhibitions, murals, artistic residencies, workshops and much more.

RUA DO ROSÁRIO 54,
4050-522 PORTO

222 011 998

[CIRCUSNETWORK.NET](https://www.circusnetwork.net)



ALMADA 13

Where once was an hardware store, you will now find several fashion, decoration and handcraft projects. In Miss Pavlova cafeteria, which is located inside the space, you can enjoy a shopping break while you try various versions of the famous pavlova dessert, accompanied by a glass of wine, coffee or tea.

RUA DO ALMADA 13, 4050 -
036 PORTO

223 216 002

[FACEBOOK.COM/
ALMADA13](https://www.facebook.com/almada13)

Best places to dive into books

JARDIM BOTÂNICO

In addition to an excellent location, the atmosphere is very pleasant and cozy. It is one of the favorite places for students to study during the exams period. It has also a small kitchen for those who want to heat meals or drink a coffee, while they are there.

RUA DO CAMPO ALEGRE
1191, 4150-181 PORTO

220 408 700
JARDIMBOTANICO.UP.PT



BIBLIOTECA DA FMUP

Open to anyone, the place is quiet and warm, ideal for the coldest days. It has individual tables and also some arranged in square, for those who prefer to study in group. You can also use the computers, the printing service and the free wi-fi.

RUA DR. PLÁCIDO DA
COSTA, 4200-450 PORTO

220 426 880
BIBLIOTECA.MED.UP.PT

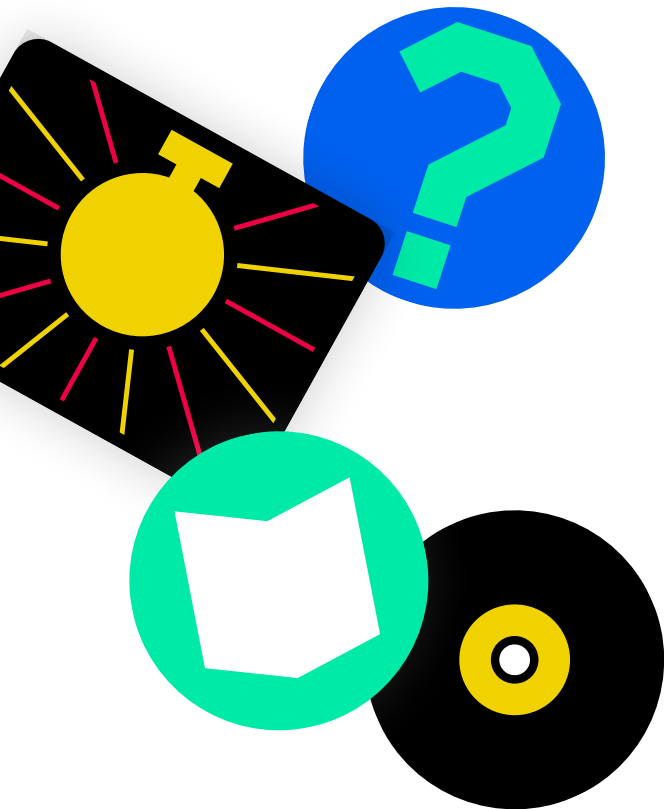


ROTA DO CHÁ

An old house transformed in a coffeeshop with two floors and a terrace, where you can relax during your study break. On the top floor you will find different rooms where you can sit and calmly concentrate studying. It has a teahouse atmosphere and the decoration will probably make you travel from India to Japan.



Unexpected spots



GUINDALENSE

The mythical terrace of Guindalense Football Club is located in the heart of Porto Cathedral - Sé do Porto, between D. Luís I Bridge, the stairs of Guindais and the Fernandina Wall. Here you can relax after a long day, while enjoying a drink and the incredible landscape.

ESCADA DOS GUINDAIS,
4000-279 PORTO

222 034 246

CENTRO COMERCIAL STOP

The stores in this old shopping center were transformed into studios and rehearsal rooms, making the place a kind of musical incubator. It is now known as a community with hundreds of musicians that occupied more than 100 rooms in this space.

RUA DO HEROÍSMO 329,
4300-096 PORTO

[FACEBOOK.COM/CENTRO-COMERCIAL-STOP](https://facebook.com/CENTRO-COMERCIAL-STOP)

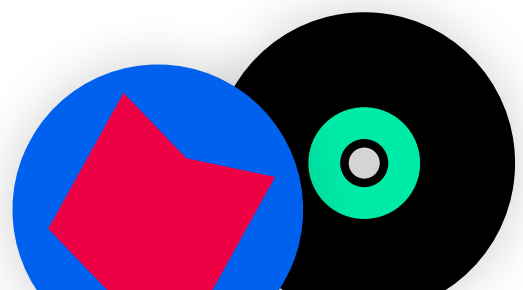
OKNA

A cultural center dedicated to artistic programming and educational projects, with close cooperation between Central, Eastern Europe and Portugal. In this space you will find artists, researchers and other cultural actors, from Portugal or other parts of Europe.

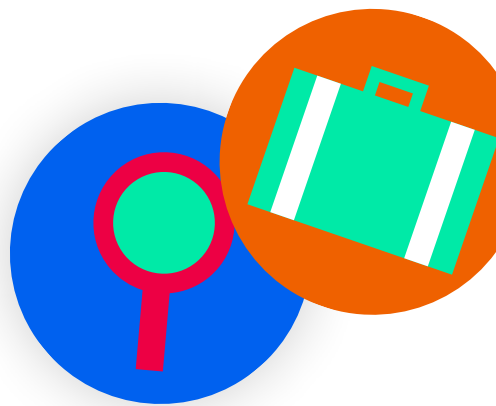
R. IGREJA DE CEDOFEITA
27, 4050-306 PORTO

916 500 204

OKNA.PT



A skip and a jump away



AFURADA

The colorful houses, covered in tiles, or the breathtaking sunsets, are the perfect backdrop for any photoshoot. In Afurada de Cima you have a panoramic view over the houses, the marina and the river, which deserve to be immortalized in a postcard for your family. To get there just take the 903 bus in Porto and, in less than 10 minutes, you will reach the destination.

RUA DA PRAIA, SÃO PEDRO
DA AFURADA

5 KM FROM PORTO



PASSADIÇOS DE FIÃES

Close to Porto, here you will find the routes that will make you explore, for 4 km, the charm of the forest through which the Uíma river flows. Along the way, there are small waterfalls, streams and even an observation tower to discover every detail of the landscape. Just take bus 251 in Porto, enjoy the view during the 30-minute journey and then take a 5-minute ride to the walkways.

RUA PRINCIPAL, SANGUEDO

28 KM FROM PORTO

RESERVA NATURAL DO ESTUÁRIO DO DOURO

Reserved for nature lovers, the wooden decks allow you to explore biodiversity in different bird conservation sites. With an area of 62 hectares, many species of migratory birds pass through here, taking the opportunity to rest, feed and find a shelter. Put on your sneakers, take bus 207 in Porto and walk for 45 minutes until you reach this paradise.

AVENIDA DEOCELIANO
MONTEIRO, AFURADA, VILA
NOVA DE GAIA, PORTUGAL

6 KM FROM PORTO



Public Art at Large



MR DHEO

Mr Dheo's murals are already part of the "furniture" of the city of Porto, from downtown to Matosinhos. The artist from Porto, who started as a self-taught at the age of 15, has left his fingerprint around the world, with already more than 20 years of continuous work.

BAIRRO DE FRANCOS,
BLOCO 3

MRDHEO.COM



FREDERICO DRAW

A mural that welcomes anyone who enters Porto by D. Luís I Bridge. Frederico Draw is known for drawing anonymous portraits, but here you can find one of his most recognized works, portraying his grandfather. A welcoming image for those who enter the city.

AVENIDA VÍMARA PERES
(TABULEIRO SUPERIOR DA
PONTE LUÍS I)

FREDERICODRAW.COM

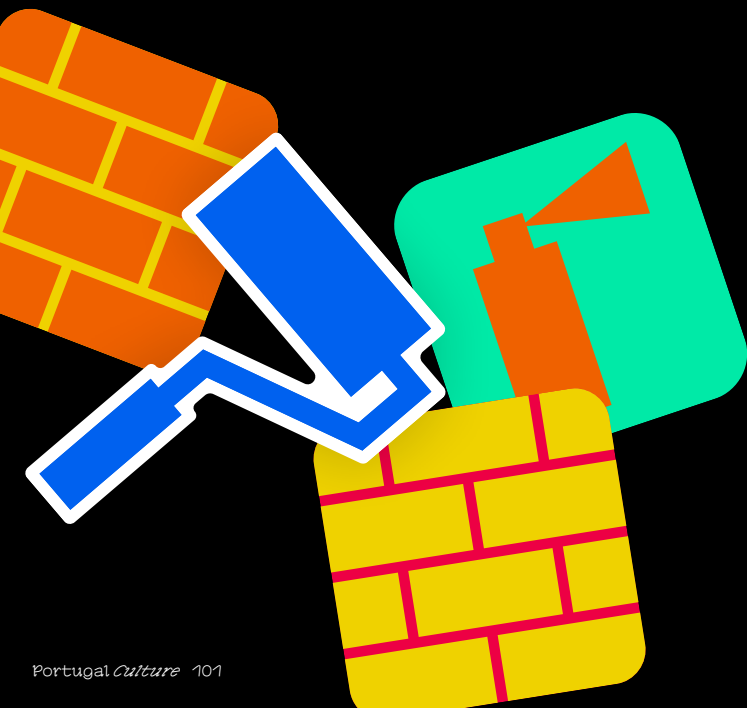


BORDALO II

When you cross D. Luís I Bridge from Porto to Vila Nova de Gaia, you will come across the work of the artist Bordalo II, originally from Lisbon. Reusing garbage, he created a unique mural in one of the corners of Cais de Gaia. The artist's work is spread over several places in Portugal: start by discovering this and create a checklist of the next ones you need to visit.

RUA GUILHERME GOMES
FERNANDES, VILA NOVA
DE GAIA

BORDALOII.COM



Essential Contacts

The Erasmus + agency aims to bring the Erasmus + Programme closer to students and adapt it to the diversity of national education, training systems.

PRAÇA DE ALVALADE 11,
1700-037 LISBOA

210 101 900

ERASMUSMAIS.PT

CÂMARA MUNICIPAL DO PORTO
PORTO CITY COUNCIL
222 097 000

POSTO DE TURISMO - CENTRO
CENTER TOURISM OFFICE
935 557 024 / 223 326 751

IPOINT RIBEIRA
935 557 024 / 223 326 751

UNIVERSIDADE DO PORTO
22 040 80 00

UNIVERSIDADE LUSÓFONA DO PORTO
222 073 230

UNIVERSIDADE FERNANDO PESSOA
225 071 300

POLITÉCNICO DO PORTO
225 571 000

UNIVERSIDADE CATÓLICA PORTUGUESA
22 619 62 00

GNR
POLICE
22 339 9600

EMERGÊNCIA
EMERGENCY
112

CENTRO HOSPITALAR DO PORTO
HOSPITAL
22 207 7500



Accessible

