

TRAVEL THROUGH PORTUGUESE CULTURE WHILE STUDYING IN UNIQUE CITIES.



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Viseu is a city for the curious, the adventurous, the restless, for the urban art lovers, for those who would rather commune with nature and for those who would never forgo a show and a cultural outing on the weekend. The city possesses a rich historical center, but also breathtaking scenery just a hop, skip and a jump away. Either to wander it's streets seeking fantastic public art to photograph or roaming the mountains, in Viseu there will always be plenty to do to occupy your time.

Friendly people, an affordable cost of living, a huge range of cultural offerings and close contact with the countryside is what you may expect while living in a city such as Viseu. It's no accident that it's been voted (more than once!) as the best portuguese city to live in.

## PLAYLIST

A collection of songs to keep you company while exploring the city. Get the playlist of artists from Viseu and surrounding areas by scanning the code.



TOME

Daughter of a Viseense father and a mother originally from the Alto Douro, Mia Tomé lived part of her childhood in Viseu. Took her first theater classes at Companhia Paulo Ribeiro in Viseu, and thanks to that she had the opportunity to get to know Teatro Viriato better. In 2016, she won the awards for best actress with the film "Symptom of Absence" by Carlos Melim, at the Clap and Shortcutz Film Festival.

In Viseu she highlights Mata do Fontelo as one of the most relaxing places in the city, the auditorium Mirita Casimiro, which holds one of the most beautiful memories of her childhood (her first ballet shows), Rua Direita where you can, and should, get inspiration, and Rossio for walks and endless conversations while crossing the city park. You can find her on Instagram under @miatome.





The cooler

cultural

venues

#### O CAOS | CASA D'ARTES E OFÍCIOS

An artists' collective born from a need to foster new experiments in artistic and cultural creation, social inclusion in the arts, diffusion, sharing and education. This project promotes and develops regular creative activities in Viseu's historical center, where you may visit the gallery spaces and photo lab, or pop by the visual arts, drawing, painting, sculpture, screen printing and engraving workshops.

LARGO DE SÃO TEOTÓNIO 30, 3500-194 VISEU

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966 367 022 CASADARTESEOFICIOS.PT

#### CINE CLUBE DE VISEU

If your life was a movie, this would be the perfect place to catch a screening. In the Cineclube, one of the oldest movie theaters in Portugal, you can enjoy film retrospectives and learn all about the world of cinema. Founded in 1955 to bring the cinematic arts closer to the general public and to promote portuguese cinema, it now champions new creators and cinematographies, while still featuring unmissable classics.

RUA ESCURA 62, 3500-130 VISEU

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232 432 760 CINECLUBEVISEU.PT

# **TEATRO VIRIATO**

At the Viriato you'll be spoiled for choice with it's vast array of shows throughout the year. The only thing you might find lacking is enough time to attend them all, since this is a place for exploration, discussion, learning and meeting that strives, through art, to bring Viseu close to other portuguese cities. This venue is also becoming akin to Viseu's formal living room, as any celebrities and public figures passing by are sure to be officially welcomed there. Who knows who you might run into while visiting? ;)

LARGO MOUZINHO DE ALBUQUERQUE, 3501-909 VISEU 232 480 110 <u>TEATROVIRIATO.COM</u>

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The best

restaurants

at nifty prices

#### VINTAGE

If you're more into relaxed and modern eateries, don't skip the Vintage Bistro, the first hamburger place to open in Viseu with american food, traditional hamburguers, vegan and vegetarian offerings, francesinhas (a typical dish from Porto) and many other treats that'll leave you begging for more.

RUA MIGUEL BOMBARDA 76, 3510-088 VISEU

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925 547 626

VINTAGEBISTROVISEU.PT

#### CASA DOS QUEIJOS

Smack dab in Viseu's historical center, this restaurant is a landmark for travellers and tourists in town, offering the best of local gastronomy, such as smoked sausages, wine, honey, and the star of the show, obviously: cheese. A homely place, with homely cooking, perfect to share with friends.

TRAVESSA DAS ESCADINHAS DA SÉ 9, 3500-128 VISEU 232 422 643 FACEBOOK.COM/ CASADOSQUEIJOS

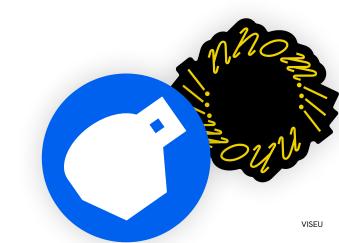


# **O HILÁRIO**

If you're a bit of a penny-pincher but still like a proper meal, O Hilário is the place to go. Typical food from Beira at reasonable prices, plus a lovely family ambience in one of the city's oldest restaurants.

RUA AUGUSTO HILÁRIO 35, 3500-089 VISEU 232 436 587

FACEBOOK.COM/ RESTAURANTEOHILARIO



The best

places to snap that killer

Gram



#### PAINEL DE AZULEJOS DO ROSSIO

One of Viseu's most iconic points, this large panel is the perfect setting for any photo. While deciding on placement and angles, you can take in all the details of these traditional tiles, and see if you can spot the typical regional costumes, characters and snapshots of daily life, now on display in the heart of the modern city.

PRAÇA REPÚBLICA 10, 3514-501 VISEU



#### ADRO DA SÉ

With one of the prettiest portuguese squares as a backdrop, you can bet that any pic will have a story to tell. Grab your phone or camera and take a stroll by the centuries-old Viseu cathedral, the Grão Vasco Museum, the Church of the Misericórdia and the Canon Walk.

ADRO SÉ, 3500-195 VISEU **Ŀ** 



## **CASA DO MIRADOURO**

A 16th century palace with unique architectural traits, this rather singular building can be found in the historical heart of the city. It boasts a well-preserved renaissance gate, a garden with remnants of an old Roman road, and a main building with plenty of archeological heritage to explore and photograph.

LARGO ANTÓNIO JOSÉ PEREIRA, 3500-080 VISEU

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The best

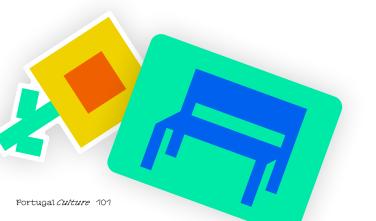
gardens, parks, and chill out SPOTS

## PARQUE DO FONTELO

The perfect place to take a stroll, exercise, jog or to just commune with nature. This is the largest public green space in the city, and where you'll find sport and leisure sites like the Fontelo Stadium, the municipal pools, football, basket and tennis fields, a skate park, a sports pavilion and a playground. If you're lucky, you might cross paths with the peacocks that roam the grounds.

AVENIDA JOSÉ RELVAS, 3500-143 VISEU







# PARQUE AQUILINO RIBEIRO

The perfect spot for some relaxation and fresh air. The Aquilino Ribeiro Park is the lung of the city, where you can enjoy the explosion of colors, scents and tranquility of the babbling water and the breeze rustling the leaves in the trees.

AV. 25 DE ABRIL 25, 3510-118 VISEU

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## JARDIM DAS MÃES

Further up from Rossio, the Mothers' Garden provides a great view over the city. The perfect place to escape the busy streets and enjoy the silence and stillness of nature, right in the center of Viseu.

LARGO MAJ. TELES 6, 3500-212 VISEU



Unnissable

Shops

#### CHAPELARIA CONFIANÇA

Bad hair day? For over 105 years, the Confiança Hat Shop has come to the rescue of everyone who has places to be and wants to look good without spending ages in front of the mirror. Located in the city center, this small shop remains busy and beloved, probably due to both the wide array of hats on display and the cheerful staff.

RUA DIREITA 26-28, 3500-115 VISEU



#### ENERGY

Established in Viseu in 1993, under the motto of Surf & Sk8 Shop, this was the place to pop by for all the new trends and fashion. Not much has changed since then – only the brand logo – remaining a popular meeting spot for the younger generations looking for the latest trends. Beware: it's almost impossible to browse and leave without buying anything.

RUA DO COMÉRCIO 110-114, 232 429 512 3500-110 VISEU

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## DROGARIA MODERNA

When the old and the new come together a Modern Drugstore is born. Preserving what is portuguese and traditional, but always with sustainability in mind, this store launched a new line of sustainable products to cater and appeal to the younger generations - from soap, balms, and elixirs to toothbrushes and toothpaste.

RUA DO COMÉRCIO 71/73, 232 423 016 3505-383 VISEU

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*Best places to dive into* 

books



## **BIBLIOTECA MUNICIPAL D. MIGUEL DA SILVA**

Despite being open to everyone, the library was designed for the school community, being located close to the Universidade Católica and the Escola Superior de Saúde, as well as the city center itself. The study room is open from Monday to Saturday from 8:30 am to midnight.

232 432 524

RUA AQUILINO RIBEIRO 10, 3500-288 VISEU

# SALA DE INFORMÁTICA DO PÓRTICO DO FONTELO

This room has computer equipment and study rooms for you to spend the afternoon immersed in books. You can also take breaks to get fresh air and take a walk in the park, while gaining motivation to continue the study marathon.

AV. JOSÉ RELVAS, 3500-143 VISEU

232 427 485

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# **BIBLIOTECA DA ESCOLA SUPERIOR DE TECNOLOGIA** E GESTÃO DE VISEU

The space has three different study areas, the collaborative area, the study area and the quiet area, to promote a better environment in the reading rooms. It has 244 seats spread over the different spaces so finding a place will not be a difficult task.

CAMPUS POLITÉCNICO, 3504-510 VISEU

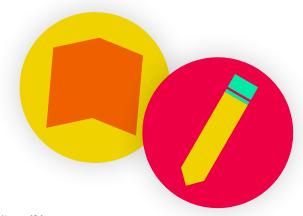
232 480 617 ESTGV.IPV.PT/BIBLIOTECA





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Unexpected Spots



# VENHA A NÓS A BOA MORTE

You'll find it on a side street of the old Rua Nova, in a place which, long ago, used to be divided between the jewish and the christian. Now, thought and artistic practices rehearse, create, and bring to life cultural projects. Here you'll find unusual exhibits, concerts, DJ sets and performances. Intrigued?

RUA SR.ª DA BOA MORTE 18, 3500-197 VISEU

FACEBOOK.COM/ VENHAANOSABOAMORTE

# **CARMO 81**

The center of alt-culture life, this former plant, where irrigation engines were manufactured and sold, is now a space of cultural intervention where you can watch emerging artists in a relaxed environment, plus exhibits, performances, film screening, workshops, conferences, and plenty more.

RUA DO CARMO 81, 3500-096 VISEU

# **OS PUTOS**

A bar that claims to be the cutting edge of social networks, where conversations take place face to face and in all possible aspects allowed by the senses. Here you won't need any mobile network or internet connection and, if your battery runs out, simply order a coffee.

MERCADO 2 DE MAIO, 3500-135 VISEU

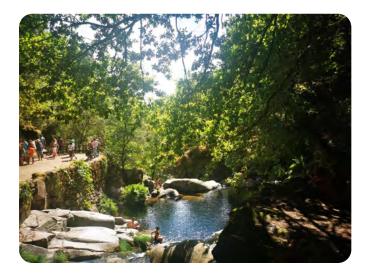
FACEBOOK.COM/ **OSPUTOSVISEU** 



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A SKIP ANÂ A JUMP AWAY





## **POÇO AZUL**

Nature's unfinished oeuvre and a still underconstruction refuge, it's been a work in progress for the past thousands of years. Discover the wild charms of a natural pool, surrounded by breathtaking scenery. The bravest may also experience the jump from the waterfalls. To get there, just catch the direct bus in Viseu to Oliveira de Frades, and get a 10 minute ride to the waterfalls.

SOBROSA, SANTA CRUZ DA TRAPA, 3660-258 SÃO PEDRO DO SUL 32KM FROM VISEU

# SERRA DO CARAMULO

Surrounded by small villages, with houses built in the traditional granite of the region, in the Caramulo mountains you can still find remains on stone pathways built during the Roman occupation. In the Caramulinho, the highest point of the mountain (1076m) you can see as far as the sea and, in some days, all the way to Serra da Estrela, the highest mountain in mainland Portugal. The best way to enjoy the scenery is to rent a car and wander around the mountain roads.

40°32′50.7″N 8°12′06.8″W

35KM FROM VISEU

## MANGUALDE

A mere 20 minutes by bus from Viseu city center, you should visit, in cooler weather, the amazing Palace of the Counts of Anadia. On brighter days, catch the sun on the famous Live Beach, the first man-made beach in Portugal.

LARGO CONDE DE ANADIA, 3530-129 MANGUALDE

24KM FROM VISEU Ġ.

AV. NOSSA SRA. DO CASTELO 49B, 3530-117 MANGUALDE





Public Art

at large

#### **AKA CORLEONE**

The colorful and impactful mural the artist painted in one of the blocks of the Balsa neighbourhood continues to draw the eye of both residents and visitors. It's still intact and worth the trip, and, who knows, even a pic to share on social.

RUA DOS BOMBEIROS VOLUNTÁRIOS, FRAÇÃO B, 3510-054 VISEU AKACORLEONE.COM

#### ADDFUEL

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In the São João de Lourosa school, artist Diogo Machado, better known as Add Fuel, has displayed his own interpretation and twist on a traditional portuguese tile pattern. This graphic designer and illustrator continuously develops his unique visual universe filled with science inspired creatures. He has recently shifted his focus towards the reinterpretation of traditional tile design.

ESCOLA BÁSICA SÃO JOÃO DE LOUROSA, 3500-000 VISEU ADDFUEL.COM

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# HALFSTUDIO

You can find the work of Half Studio, created by artists Mariana Branco and Emanuel Barreira in the Ranhados Basic School. Usually hand drawn and brush painted, sometimes applied digitally, the duo has shown their work through exhibits and urban art festivals both in Portugal and abroad.

ESCOLA BÁSICA DE RANHADOS, 3500-615 VISEU HALFSTUDIOSIGNS.COM/PT



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Essential

Contacts

The Erasmus + agency aims to bring the Erasmus + Programme closer to students and adapt it to the diversity of national education, training systems.

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PISCINAS MUNICIPAIS Municipal Pools +351 232 439 720

**EMERGÊNCIA** 

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**GNR** Police +351 232 467 956

HOSPITAL DE S. TEOTÓNIO

S. Teotónio Hospital +351 232 420 500

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INSTITUTO PIAGET DE VISEU Viseu Piaget Institute +351 232 910 100

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